

Curriculum Vitae

Brahmachari Sahaja Bodha ~ सहज बोधः

SAHAJA MINISTRIES
NOCATEE, FLORIDA (U.S.A.)
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• Vocational Milestones

- Benedictine Monk (*tradition of affiliation*: Roman Catholic): 2007 – 2024 (U.S.A. and Rome, Italy)
- Priest (*tradition of affiliation*: Roman Catholic): 2013 – 2024 (U.S.A. and Rome, Italy)
- Brahmachari Monk (*tradition of affiliation*: Advaita Vedanta): 2026 – present (U.S.A. and Rishikesh, India)

• Educational Experience

- High School Diploma: 1994 (Bishop Montgomery High School; Torrance, CA)
- B.A. (Bachelor of Arts), Psychology: 1998 (Loyola Marymount University; Los Angeles, CA)
- M.A. (Master of Arts), Counseling: 2000 (Loyola Marymount University; Los Angeles, CA)
- M.A. (Master of Arts), Educational Psychology: 2001 (Loyola Marymount University; Los Angeles, CA)
- M.A. (Master of Arts), Theology: 2007 (Notre Dame Graduate School of Christendom College; Alexandria, VA)
- S.T.B. (Bachelor of Sacred Theology): 2012 (Pontifical Athenaeum of Sant'Anselmo; Rome, Italy)
- S.T.L. (Licentiate in Sacred Theology): 2014 (Pontifical John Paul II Institute for Studies on Marriage and the Family; Rome, Italy)
- S.T.D. (Doctor of Sacred Theology): 2018 (Pontifical John Paul II Institute for Studies on Marriage and the Family; Rome, Italy)
- Residential program of philosophical, scriptural, and linguistic study of Advaita Vedanta: 2025 – 2026 (Dayananda Ashram; Rishikesh, India)

• Professional and Related Experience

- School Psychologist: 2001 – 2007 (Palos Verdes Peninsula Unified School District, CA, 2001 – 2005, and Prince George's County Public Schools, MD, 2006 – 2007)
- National Clinical Mental Health Counseling Examination ("NCMHCE"): Successful completion, 2025
- Associate Certified Coach ("ACC") with the International Coaching Federation ("ICF"): 2025 – present

• Ministerial Experience

- "Holy Trinity Outreach" (Food distribution and care of low-income families): Founder and director, 1998 – 2004 (San Pedro, CA)
- Retreat master and guide of parish missions & spiritual days of recollection: 2009 – 2024 (U.S.A.)
- Chaplain for various communities of Religious Sisters: 2013 – 2024 (U.S.A. and Rome, Italy)
- Parish minister: including sacramental ministry, prison ministry, spiritual direction and counseling of priests, consecrated/"religious" Sisters and Brothers, couples, youth, and the elderly: 2015 – 2024 (U.S.A.)
- Hospital Chaplain: 2019 – 2024 (Regions Hospital; Saint Paul, MN)
- Sahaja Ministries: 2026 – present